and Ms. Konika Smile. These were Sociology lass, bagged two minor through support programs, activities and other events that are for the welfare of the students that can help in the holistic development of ITI.Tians,” she proudly stated.

She honestly admitted that she felt so pressured upon joining the pageant; it is because she has to meet the expectations of the students from CASS and to defend the title. “I felt so blessed with love, support and guidance from our Almighty Father, family, friends and the CASS family. I have always been praying that hopefully on that night I would have the confidence and peace of mind so that it would be easy for me to manage myself well,” Marjorie added.

“I felt so happy of course, because despite having problems we all successfully made it to the top. I am so thankful for having such mentors that helped me to be motivated and to face my fear. I am so proud of my family, friends, and mentors and especially to God for without you all, I will not make it to the top. You became my inspiration to strive harder and to give my all for that pageant to defend the title and to aim more.”

Marjorie’s inspiring message to her fellow CASS students is “Whatever opportunities that will come into your life, grab it. If you think you have something to be proud of, then show it. Accept compliments and criticisms for it would help you to become a better person. Put God at the center of everything and most importantly “success is not a matter of chance but it is a matter of choice.”

Marjorie will be flying to Hongkong sometime during the to page 7
CASSiyahan 2011 Jovially Opens

One of the most-awaited and celebrated events in the College of Arts and Social Sciences (CASS) is the CASS days. This is a three-day event that offers the students a time to gather and expose their innate talents in the literary, the sports, and the cultural events.

CASS Days 2011 officially opened on the 4th of July. This year's celebration is dubbed as CASSiyahan, with the theme "Working together for a better CASS". At about 9 o'clock in the morning, the traditional foot parade began. The march ended when the CASS Steers was led by the Iligan City National High School Band. It served as one of the highlights of the opening.

Many unforgettable and memorable moments in our college life have started already which are some of the most awaited events is the Cultural Night, students from the seven departments competed in different events. The students also cheered for their respective representative in the singing of the song "Proclaim Your Courage." While the band from the Department of Sociology (SS) grabbed the 1st runner-up with their version of the song "This is the Moment," and the all-male pair from the AB English Organization (ABEO) ranked 2nd with their version of the song "Phantom of the Opera".

The opening ceremonies started as soon as the flag parade concluded. It started with an invocation and the singing of the national anthem. It was followed by the opening remarks given by CASS dean Prof. Nora A. Clar. In general, Prof. Clar proudly talked about recent accomplishments reported in the College's quest for AACCUP Level III accreditation. She also encouraged the students to abide by the College's quest for AACCUP Level III accreditation. She also encouraged the students to abide by the College's rules and regulations.

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Editorial

Assessment fees serve as the life blood of any student government. It is the source of funds for a college executive council (EC). Its important role is to facilitate the best support an EC can give to college representatives in yearly major institute events like the Charter Day and the Palakasan. It is also through the assessment fees that student-related activities (like General Assemblies and Acquaintance Parties) which are beneficial to students are conducted.

For the first semester of school year 2010-2011, the College of Arts and Social Sciences Executive Council (CASS-EC) collected an assessment fee with the amount of P180.00 from each student upon enrolment. The said amount stirred a lot of noisy complaints from CASS students. Aside from the fact that the assessment fee’s increase is too high, a P60.00 increase, CASS-EC also collected the largest assessment fee among all the other schools and colleges.

The amount is believed to be more than sufficient to cover the expenses of the CASS-EC for major activities like the CASS Days, Charter Day and Palakasan. Thus, one wonders why the CASS Governor is still asking for support aka donations from faculty members of the college. Isn’t the Assessment Fees enough?

If the increase’s purpose is to ensure that the college retains its title as the champion of the Palakasan, money is not the only key. There are a lot of things to consider like the kind of leadership, the time of preparation, the support of the officers to the participants and the consistency of the players’ training and practice. The previous administration only collected P120.00 from each student and with that amount the college athletes were provided with free jerseys, and most importantly, CASS has managed to achieve the championship trophy at the beginning of the semester but CASS-EC has done the opposite. Instead of reducing the amount, they increased the amount. A lot of questions regarding the increase arose. Students wonder why the DSA permitted such very high amount. What may be the possible plan of the CASS-EC that they made the students should such great amount? Who were the people who contributed to the approval of the P180 Assessment Fee?

The issue of the governor’s trip to Korea has been noted by some students to be the very reason of the increase of the assessment fee. Students found it unfair to spend the amount of P20,000 for that trip. Does this mean that the students’ assessment fee is for the governor’s trip? Is it right to let the students shoulder the expenses of whatever leadership training a certain student leader will participate in? Is it never the responsibility of the students to provide the financial aid for their college athletes to participate to such events. If a student would like to provide financial aid, then it must be voluntary. Students should not be coerced in giving financial aid. A certain student leader can yes, impart him learning experiences from attending such events yet there is no assurance that he/she can really put into action what he/she has learned. And students need to see action from their student leaders. Correct, leadership training can teach new strategies but true leadership can only be manifested through one’s commitment to one’s duties and responsibilities.

The budget breakdown made by the CASS-EC for first semester of school year 2010-2011 are: CASS Enrollment and ID’s, P10,000; Strategic Planning and Conference, P10,000; General Assembly and Acquaintance Party, P2,000; CASS Days 2011, P50,000; and PALAKASAN 2011, P85,000. Such budget fuels different forms of verdicts from the students.

The students of CASS need participation to such events. If a student would like to provide financial aid, then it must be voluntary. Students should not be coerced in giving financial aid. A certain student leader can yes, impart him learning experiences from attending such events yet there is no assurance that he/she can really put into action what he/she has learned. And students need to see action from their student leaders. Correct, leadership training can teach new strategies but true leadership can only be manifested through one’s commitment to one’s duties and responsibilities.

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Deemed as the “heart” of the institute, CASS has never ceased from branding its banner of dedication and loyalty in being a quasi-home to the students of IIT.

The College nourishes IITians with the nature of humanity and bridges the gap between knowledge and practical life.

CASS has become more welcoming and conducive for study and learning to IITians, especially with its improvements.

Libraries are libraries inside our pocket. That means to say that a library gives us the best ever and easiest access through the whole world anytime we wish to travel. Rather! It’s true that we can really travel to places, back in time and elsewhere through the library.

Back then, there weren’t so many students who visit the library in CASS. Books were insufficient in number, references were incomplete and other reading materials were generally and mostly outdated. Books were worm-eaten and really antiquated!

However, CASS library was recently renovated for students’ convenience. Library bins were expanded, and some current units were replaced with brand new centralized air conditioners. Moreover, additional computers were rendered and along with it was Wireless Fidelity or wi-fi for easier access within the library.

These are the catalysts that invite CASS students and other visitors to visit the library more often than not. And it is truly heartwarming to see that what once was a friendless corner is now a heartwarming to see that what used to be a forever sore spot is now a spot where they can take a seat, relax and chat with some friends.

My Beloved CASS, My Second Home

My Second Home

The graduation arrived—we had lost her. On the gradual process of accepting my auntie’s death, I had discerned what she had meant by her discovery of the goodness of life. It’s another discovery that I think has never left my mind until now. She shared that discovery of the goodness of life. It manifested that somewhat we were perplexity we had those times had an issue of everybody, thus everyone’s livelihood, their dreams. Gen-Ed students can proudly say that the chances given to them are not wasted. They have proven that one is alone; a student does not need to be on top of the ladder. In the midst of criticisms, GenEd students have remained stronger and bolder. “Hindi kayaan angestudyante ng Gen-Ed ay mahina. Ang problema dito is hindi maging ng mga tao kung ano ang Gen-Ed. They should be given the chance to redeem themselves,” says Dr. Magracia.

The program is equipped with highly intellectual teachers thus encouraging students to do well and get improve grades. And because of the biggest challenge, the mechanism continues to uphold its purpose alone but for more purposes alone but for more.
I came to a critical point in my life when I needed to find hope in the clarity of my life. I was aware of the willingness to organize. November of 2010 was the turning stage I learned to listen. I didn't always agree to receive directions. A special person in my life, also a student from the Department of Sociology, committed suicide at age 20. I, too, feared the event would happen in such an early time with me, my family and friends.

We were all grieving and weeping when even a few seemed so blurry constantly questioning ourselves why such things happen. I grieved and isolated myself feeling so hopeless that my life was in turmoil. Nevertheless, it was then that I realized and tapped the spiritual side of my being. It was an overwhelming feeling which I have experienced alone in my aunt's house reading nothing else but the Bible. Cell phones became essential in giving encouragement and faith. She loves me unreservedly. She will always be a giant in my heart. A single mom and a doctor Miriam Cue of the Psychology Department who has a big heart in motivating my essence. I thank them all for bearing with my agitation at that time.

December of 2010, I had a very strong feeling that from the day I decided to choose to live onwards, I shall commit myself to be the best student of life as I can possibly be. When I first found, it was that I am a woman of destiny, believing it or not, my whole perception about life changed. It became brighter. I began to sustain myself by having broken thoughts with God's Word. I excavated any harmful memories, replacing them with His promises. And when I accept the amazing grace He has offered, I began to see myself in a whole new light.

I attended life transforming seminars and began to be with amazing successful yet spiritual people in the corporate world. I joined FusionAccel International, an amazing company offering not only social entrepreneurship but really, have the purpose of making a difference in people's lives. It was then I said to myself, “Thank You Lord!” I already am in a structure in which my awareness is constantly being raised into another level. I began to choose to have an environment of successful people who share the same values, principles and purpose in life, which is to manifest God in this planet we live in 

It's just amazing how a choice to live life and move on can completely turn your world into a place where you can create your own destiny. Where you meet and greet people and sometimes, you can even sense your oneness with them. Then you will begin to realize that everything that happens to you is no accident. You choose to be what you want to be and you choose live what you want to have in this life. I have had so many mentors over the period of time for whom I am eternally grateful scores of people who have incredible spirits and attitudes of excellence. When observing these precious people, I began to choose to have an environment of successful people who share the same values, principles and purpose in life, which is to manifest God in this planet we live in.

Pull your spirit up again! There's always a Greater Source for us. CHOOSE to set your sights back on God's purposes for you. The game is not over. You can do so much more! He is able, even when you are not!

“Never, never, never give up!” - Winston Churchill

If you were brought through the tears, if you want to rejoice through times of suffering, just keep reminding yourself that what you’re going through isn’t the end of the story….it’s simply the tough journey that leads to the right destination. Pursue your dreams and make them happen.

When that begins to happen, I tell you, you will add the most wondrous background to your life. Listen very closely. It’s the most beautiful symphonic sound track you’ll ever experience!

Life beyond Immense Obscurity: This is it! Honoring the Past, Living in the Present, Creating the Future (A child of God, A Woman of Destiny) by Zbyl L. Opoltensisima

Hirap sa Kaharian

by Pio Lumongod Jr.

Walang mahirap sa tuong laki sa hirap
Wika ng dukhan patuloy na nagtanggali
Na balang araw umangat ang lebel ng kanilang panumuhay
Makaraos at magkaroon ng desinting buhay

Nahihirapan man na makahanap ng hanapbuhay
Patuloy pa rin sila na humalal na mai-angat
Ang buhay at ito'y mabigyang kulay.
Ang mga dukhan di pinalad na mabiyayaan ng pera

Naghiplot ng sinturong, Namumuhay bitit ang kariton
At ang nagsapit sa hasap kainan sa fabi ng daan ay kariton

Madalas wala lamang ang tiyan, kumakalma.
Tira tira kong kagamitang ang nagsapit sa hasap. 
Sa basurahan madalas tumambay, kumakalma
Ng mga labot na alaot, ng maibenta't magagawa
Baka maka tsaamb kagtagay uo'w mavala

Nahihirapan man magsaraos kag pang-araw-araw
Hindi parin nawawala ang ngiti sa kanilang manubla
Na tila wala problema't may lamang ang aikirmura.
Sa pag ng ang kahaharap ng mawalaan di kag maiwasaan nagmagawa
Sa pamahalaan hindi patas al sarili lamang ang imuna

Ang pag atake sa pamahalaan ay Nagsulbong kag libang, ito ang mga taguma't kataga
Na nanaggrab sa isang makatang libang

"If Ever You See Him" by MEJ

My dear wind, there is something I want you to know.
Have you seen a dashing man physically wearing a mask?
Oh mighty sunny, I think you're the one who could help me.
Have you seen that someone that I am destined to love eternally?
Perhaps you, silent water could give me the right information.
Have you seen my prince charming?
I believe he is quiet a vision.
I have been wandering in the wide surface of this earth
To find the one betroth me for once birth.
He could come from whatever color and race.
He could even have a square or round face.
Do you, dear creatures promise to scream
Just in case one day you'll catch a glimpse of him.

"Unya" by Angelito G. Namatare Jr

Unya... Kanus-a pa unya?
Pag-unangang na uug tayong alainat?
Kung mulugawa na ang kaluyo sa bayan...
Kung dili pa ta mulihok karon,
kanus-a pa?
Kanus-a pa?
Ayaw kong igna na UNYA PA.

And remember, no matter where you go, there you are. ~Confucius

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And remember, no matter where you go, there you are. ~Confucius
English Majors Extend Arms to Echavez

Dedicated to overturn the country's poor educational status and to improve its alarming situation, the Department of English extends its arms to help the pupils of Echavez Elementary School of Barangay San Roque, Iligan City from the quagmire of low academic performance.

The Department, led by former Chairperson Prof. Saturnino Rodil, sent out English Majors and some faculty members to help in the dilapidating foundation of the elementary pupils of Echavez through one-on-one language tutorials. The extension program is called English Enhancement.

Prof. Lynnie Ann Deconapo, the Chairperson of the Department's Committee on Extension, in an interview said that “The Department's is share for the community... to address such problem. She encourages other colleges and institutions in the city to do something for the betterment of the education sector.

The English Enhancement program is now in its third phase of implementation. The third phase is carried out by the Fourth Year AB English students. The said students are trained by the faculty under the Department to ensure that, when they go to Echavez, they are equipped with the necessary skills to teach the pupils. The English students' involvement is in line with their dreams, the faster we can reach the Chairperson of the Department's Enhancement program is called English enhancement.

The English Enhancement program aims to inspire Filipinos to go above and beyond in their studies. This program is called 'English Enhancement' and is facilitated by the English Department. The program is designed to improve the educational status of the pupils at Echavez Elementary School.

Further, school supplies are also given to the pupils. Prof. Paula K. Alinsaing, a member of the Department and of the Committee on Extension donated school bags. Other school supplies were donated by students and faculty members. Pupils received a school bag and school supplies.

The Department welcomes donations that may help the pupils of Echavez attain the true meaning of quality education. - Angelito G. Nambatac Jr.
Miss IIT... (from p. 1)  
semestral break; the said trip is one of the major prizes for the Mr. and Ms. IIT 2011.

Mr. CASS, Roosevelt B. Bolano, a first year AB Political Science student, was among the minor award winners in the preliminary rounds. He was awarded as Mr. Compassionate, Mr. Grooming and Care, Best in College Shirt (Male), Best in Production Number (Male), Mr. High-Fashion and Best in Barong Attire. He was declared as Mr. IIT 2011 second-runner-up.

Marjorie followed the legacy of Maria Joselina Sanchez who was Miss CASS 2010, Miss IIT 2010 and Miss ICTSAA 2011. Brian Joseph Jamuwhid, together they turned over the crown to the newly-hailed Mr. and Ms. IIT 2011.

The Mr. and Ms. IIT pageant which highlighted College Tourism is one of the big events of the annual Palawan International Festival (PIF). Ms. Lacuya and Ronnel M. Limjoco

Excited to know the results?  
To score your test add up all of the numbers next to the B's, and so on for C and D as well. You'll likely have two fairly close scores, one very low, and one somewhere in between.

If your highest score is A, you are predominately a Sanguine.  
Sanguines are average to high energy output and average to extremely high people persons. They are friendly to everyone, love large gatherings, would rather move than sit, and can be flashy and free thinking. Sanguines have the ability to remain optimistic and gullible, wide-eyed innocents, no matter what life throws at them. The draw toward fun and games can help Sanguines liven up a party, but it can also make them a somewhat less than reliable employee. Tigger from Winnie the Pooh is a classic full Sanguine.

If you score highest as a B you are mostly Choleric. Choleric share the high side of the energy level with Sanguines but focus their efforts on achieving things. Cholerics are the goal setters, the get-it-done-no-matter-if-it-kills-me people. If Sanguines are the cheerleaders in life, Cholerics are the coaches. They work well alone, but they know exactly what everyone else needs to do and they’re not afraid to tell them so. Where the Sanguines organizing parties, Cholerics organize projects. Pooh’s friend Rabbit is 100% Choleric.

If your highest score is in the C's you are a Melancholy. All teams need a manager and a Melancholy is perfect for the job. Found on the lower right of our grid, Melancholics are great at attending to details. They'll keep the stats, organize the locker room, solve the logistics and rarely get distracted from their task. Melancholics think everything through carefully. They spend so much time thinking and analyzing, all of life seems like serious work to them. Fun is a foreign concept. Of all the members of the team, Eeyore is the full Melancholy type. If your highest score is in the D's you are mostly Phlegmatic. Sharing this tendency for quiet introspection are the Phlegmatics as the lower left of our model. Phlegmatics are the most flexible of all personalities and will seldom get distracted from their task. Conflicts. With their slower pace, Phlegmatics can be counted on to be calm in almost any situation sometimes to the point of inertia. With his charming personality and gentle manner, Pooh Bear is a great example of a Phlegmatic. One note on Phlegmatics, they are the most flexible of all personalities and will sometimes score very close in all four areas. Either you are fooling yourself about your true strengths and weaknesses or you may be a flexible Phlegmatic.

Suggestion: Ask a friend to fill the test out for you and find out how others see you. You’ll be surprised and may be, shocked!
You'll need a piece of lined paper, down the left side write the 4 letters a, b, c, and d, in order, 13 times and number the sets, 1 – 13. From each set of four words or phrases below choose the one that best describes you and write a 4 next to that letter on your paper. Choose the word that is the second best match for you and write a 3 next to that letter on your paper. Now choose the word that is least like you, give that letter a score of 1 on your paper. The remaining letter gets a 2. Do this for all 13 sets of words. The test will give you an idea where you fall on the personality grid thus a general idea of your style. Directions for scoring are on page 7.

1. a-party
   b-lead
c-organize
d-relax
2. a-make work into fun
   b-tell others what to do
c-do it myself
d-help others
3. a-fuschia/pink
   b-red
c-black and white
d-beige
4. a-bubbly
   b-controlled
c-sensible
d-calm
5. a-let’s go
   b-let’s do
c-let’s think about this first
d-let’s wait
6. a-laugh
   b-change
c-research
d-empathize
7. a-actress
   b-director
c-stage manager
d-chorus
8. a-optimistic
   b-decisive
c-details
d-consistent
9. a-expressive
   b-collected
c-private
d-gentle
10. a-distractible
    b-bossy
c-perfectionist
d-lazy
11. a-creative
    b-projects
c-planner
d-serve
12. a-selfish
    b-tactless
c-emotional
d-stubborn
13. a-see the people
    b-see the big picture
c-see the details
d-see the needs

Across
1. Belief in the superiority of one’s own ethnic group
2. Air-breathing arthropods characterized by simple eyes and four pairs of legs
3. Coming next after the second and just before the fourth in position
4. Person who dresses according to the latest fashion trends
5. A new member
6. A person who continues to work after they have reached the age of retirement
7. A woman who is happy to stay single and independent so that she can do what she wants when she wants
8. Non-alcoholic drink that looks like a cocktail
9. Either the methods and principles used in the study of history, or the written result
10. A state or condition markedly different from the norm
11. Common features of this dimension include high levels of thoughtfulness, with good impulse control and goal-directed behaviors.
12. A woman who is bossy
13. A shared on-line journal where people can post daily entries about their personal experiences and hobbies
14. The dispersion or spreading of something that was originally localized
15. internet and citizen
16. trash and fashion
17. internet and citizen
18. Literature, usually featuring female characters, written by women on contemporary themes and issues
19. News collected and reported by ordinary people, especially through the use of blog software
20. An idea whose time has come
21. The standard system of delivering mail which is very slow in contrast to electronic mail
22. Speech or writing that abuses, degrades, or attacks
23. a-party
24. Small laptop computer which weighs less than 3 pounds and has a 7 to 10 inch screen
25. A shared on-line journal where people can post daily entries about their personal experiences and hobbies
26. request, ask
27. A state or condition markedly different from the norm
28. a-party
29.的情绪和图标
30. the substitution of a mild or less negative word or phrase for a harsh or blunt one

S P E L L  P E R S O N A L I T Y

Players are dismayed with the fact that they are the only team who made it to the top and never thought that CASS would not make it to the Top 3 in this year's Palakasan. But they are still proud of the honor they have brought to CASS.

The team also credits their faculty coordinator, Prof. Peter Mendoza for his encouragement and support, which made them confident during their games. As a whole, CASS Lawn Tennis Players have proven that there's nothing impossible for those who strive hard and think optimistically.

- Knacky, July Hermodo